

OP-22.16, "DEATH ROW"

## SCDC POLICY

NUMBER: OP-22.16

TITLE: DEATH ROW

ISSUE DATE: March 31, 2022

RESPONSIBLE AUTHORITY: OFFICE OF THE DEPUTY DIRECTOR OF OPERATIONS

POLICYMANUAL: OPERATIONS

SUPERSEDES: OP-22.16 (FEBRUARY 27, 2020); (April 23, 2018); (JUNE 26, 2014); (AUGUST 1, 2007); (JANUARY 1, 2002)

RELEVANT SCDC FORMS/SUPPLIES: 2-2, 18-39, 19-7A, 19-7B, 19-11, 19-20, 19-30, 19-85, 19-127, 20-18, M-14, ATTACHMENT A

ACA/CAC STANDARDS: 4-4249, 4-4256 through 4-4272, 4-4273, 4-4284 through 4-4288, 4-4290, 4-4292 through 4-4294, 3-4336, 3-4343, 3-4345, 3-4348, 3-4349

STATE/FEDERAL STATUTES: NONE

PURPOSE: To provide guidelines for the management of inmates assigned to the Agency's Death Row Unit at Broad River Secure Facility.

POLICY STATEMENT: To promote safety and security, inmates assigned to the Death Row Unit at Broad River Secure Facility will be housed in an area that is separate and independent from all other areas where other SCDC inmates are assigned. The Agency will ensure that any inmate assigned to the SCDC's Death Row Unit has been legally committed to Death Row. Death Row inmates will be afforded privileges/access to programs consistent with their level assignment and security requirements. The Agency will ensure that the management of the Death Row Unit is in compliance with applicable state and federal statutes, American Correctional Association Standards, and SCDC policies and procedures.

NOTE: THESE PROCEDURES APPLY ONLY TO MALE INMATES ON DEATH ROW AT BROAD RIVER SECURE FACILITY. FEMALE DEATH ROW INMATES WILL BE ASSIGNED TO A HOUSING AREA WITHIN THE RESTRICTIVE HOUSING UNIT AT CAMILLE GRIFFIN GRAHAM CORRECTIONAL INSTITUTION (CGGCI). IF A FEMALE IS ASSIGNED TO DEATH ROW AT CAMILLE GRIFFIN GRAHAM CORRECTIONAL INSTITUTION, INSTITUTIONAL SPECIFIC PROCEDURES FOR THIS INMATE WILL BE DEVELOPED BY THE WARDEN OF CGGCI IN CONSULTATION WITH THE DEPUTY DIRECTOR OF OPERATIONS AND, AFTER PROPER

STAFFING AND APPROVAL BY THE AGENCY DIRECTOR, WILL BE PUBLISHED AS A SUPPLEMENT TO THIS POLICY.

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**SPECIFIC PROCEDURES:**

1. RESPONSIBILITIES: The Deputy Director of Operations and the Warden at Broad River Secure Facility (BRSF).will ensure compliance with this policy. (4-4249)

2. ASSIGNMENT OF INMATES TO LEVELS: Death Row inmates will be assigned to Level I, II, or III based upon their behavior/classification status. Most inmates on Death Row will be assigned to Levels I or II.

2.1 Level I - Inmates assigned to Level I include those who have maintained good behavior, demonstrated a positive attitude, and adhered to SCDC policies and procedures.

2.2 Level II - Inmates assigned to Level II include those who have been involved in an incident or incidents or who have received a disciplinary charge or charges which warrant a higher degree of custody and control than Level I, but which are not so serious as to warrant placement in Level III. Additionally, Level II can include those who were previously assigned to Level III for disciplinary or security reasons who, since placement on Level III, have demonstrated good behavior and a positive attitude and adhered to SCDC policies and procedures but who are not ready to be moved to Level I.

2.3 Level III - Inmates assigned to Level III require the strictest degree of custody and control. All inmates placed on execution status must be assigned to Level III. Inmates may be assigned to Level III if the inmate poses a serious risk of escape or violence, or has a serious disciplinary or management problems such as: a history of escape, assaultive behavior, affiliation with a security threat group or other disruptive group, introduction of contraband, conspiracy to commit crimes, weapons possession and/or manufacturing (both in prison and the community). The inmate consistently refuses to comply with SCDC Policy OP-22.13, "Inmate Grooming Standards." If the inmate needs protective custody or close monitoring for mental health reasons. If mental health needs or issues contribute to an inmate's placement on Level III, mental health staff will be consulted prior to this placement.

2.3.1 Short Term (ST)-Inmates can be placed on ST status by institutional staff if staff observe behavior, or learn information that leads them to believe the inmate should be on Level III status. Inmates will be placed in ST only until they can be reviewed by the Institutional Classification Committee to review the reason(s) placed on ST and determine if the inmate needs to remain in this status or be placed in another status. Inmates on ST will be treated as being on Level III status until there is a change in level status by the Institutional Classification Committee.

2.3.2 Execution Status: The following will be applicable for all Death Row inmates who are placed on execution status:

2.3.2.1 The inmate placed on execution status will not be allowed to associate with other inmates at anytime. Separate visiting hours will be established for these inmates. See section 11.3 below for more information.

2.3.2.2 Inmates placed on execution status will not be allowed out of the cell at the same time as other Death Row inmates.

3. DEATH ROW UNIT: The Edisto Unit at Broad River Secure Facility will be the Death Row Unit. Death sentenced inmates will be separated from all other inmates for the purpose of maintaining the safety, security, and order of the facility.

3.1 No non-SCDC employee is to enter the Death Row Unit unless clearance is given by the assigned Regional Director and/or the Assistant Deputy Director of Operations.

3.2 Any SCDC employee NOT assigned to BRCIs staff is not to enter the Death Row Unit unless clearance is given by the assigned Regional Director and/or Assistant Deputy Director of Operations. Their reason for entry into this unit must clearly be identified. The exceptions to this directive will apply to the Office of Investigations and Intelligence (OII), Division of Security, and Facilities Maintenance staff.

4. ORIENTATION FOR NEWLY RECEIVED DEATH ROW INMATES: Inmates will receive an Inmate Orientation Package which provides information regarding procedures in the Death Row Unit within five (5) working days of arrival at BRCI. This will include information on applicable SCDC policies, inmate grievances and procedures, programs and services, inmate correspondence privileges, and inmate visiting privileges. This orientation will be documented on SCDC Form 18-69, "Inmate Orientation." (4-4284, 4-4285, 4-4287, 4-4288)

#### 5. INTAKE:

5.1 Inmates newly sentenced to death will be taken directly to the Death Row Unit at BRCI. The inmate's commitment orders will be sent to, and be reviewed at Kirkland Correctional Institution and faxed to Central Records. Central Records staff will review the commitment orders to ensure that the inmate is legally committed to Death Row at BRCI. The inmate will be processed within one (1) day of arrival. BRCI staff will allow/assist the inmate in contacting his family or next of kin to advise them of his admission. KCI staff will also obtain the following information: (4-4285, 4-4286)

5.1.1 Inmate's full name;

5.1.2 Date received;

5.1.3 SCDC (Death Row) number; (4-4285)

5.1.4 County of conviction;

5.1.5 Date of birth;

5.1.6 Race;

5.1.7 Information on current offense (include information pertaining to drugs, alcohol, or sex if involved in offense);

5.1.8 Any prior SCDC incarcerations and ID number;

5.1.9 Any prior SCDC offenses (include information pertaining to drugs, alcohol, or sex if involved in offense);

5.1.10 Any other state or federal incarcerations and offenses; and(4-4286)

5.1.11 Any escapes on record;

5.2 BRCI staff will interview the inmate to obtain the following information:

5.2.1 Legal aspects of the case;

5.2.2 Social history;

5.2.3 Occupational experience and interests;

5.2.4 Educational experience and interests;

5.2.5 Vocational training;

5.2.6 Recreational preference (including a needs assessment);

5.2.7 Psychological evaluation;

5.2.8 Any possible gang tattoos (contact the gang intelligence officer if tattoo is identified as gang related);  
and

5.2.9 Personal data and information to be used for the inmates visiting list and correspondence. (4-4285)

5.3 Evaluation Period:

5.3.1 Each inmate will be thoroughly searched for contraband as per SCDC Policy OP-22.19, "Searches of Inmates."

5.3.2 Each inmate will be evaluated by Medical staff, to include a mental health evaluation upon arrival. (4-4285, 3-4343)

5.3.3 Each inmate will be placed in a suicide blanket or smock, and given a suicide mattress during the mental health evaluation period.

5.4 Each inmate's property and money will be processed in accordance with established SCDC Policy OP-22.03, "Authorized Inmate Property and Unauthorized Property Disposition," and section 15 of this policy. Unauthorized property must be sent home or donated to charity within 30 days. (4-4285, 4-4291, 4-4294)

5.5 Each inmate will be afforded hair care and a shower, if necessary. (4-4285)

5.6 Each inmate will be photographed for an Identification Card which will be issued to him. Each inmate will also be fingerprinted and his vital statistics will be recorded. (4-4285)

## 6. IMMEDIATE MEDICAL CARE UPON INTAKE:

6.1 Each inmate will be interviewed using SCDC Supply M-14, "Medical Screen," to determine if he requires immediate medical/mental health care in compliance with SCDC Policy HS-18.13, "Health Screening and Exams." Inmates who require immediate medical or mental health care will be referred to the appropriate health services staff for evaluation and treatment. (4-4285, 4-4286, 3-4343)

6.2 Inmate prescriptions and all medication (prescribed and over the counter) received prior to arrival at Kirkland will be given to the medical staff. As soon as possible, the medical staff will review all prescriptions and medications and confer with an institutional physician to approve continuation of these medications. (4-4261)

6.3 Medical personnel will conduct a history and physical on the inmate within three (3) days of admission. This history/physical will include a thorough physical exam, a mental health assessment, and a sexually transmitted disease screening. Medical personnel will document this information in the inmates medical record and/or Automated Medical Record (AMR). (See SCDC policies and procedures regarding mental health services and SCDC Policy HS-18.13, "Health Screening and Exams," for more information.) (4-4285, 4-4286)

### 6.4 Mental Health:

6.4.1 All Death Row inmates will be assessed by a qualified mental health professional. This assessment will be documented in the inmates medical record and/or Automated Medical Record (AMR). (See SCDC policies and procedures regarding mental health for more information.)

6.4.2 After the first month, Death Row inmates will be assessed at least once every three (3) months by a mental health professional. This assessment will be documented in the inmates medical record and/or AMR. If the inmate appears to need mental health attention between such assessments, the institutional staff will notify medical and a referral will be made from medical to mental health staff. (4-4256)

6.4.3 Mental health professionals will develop and implement mental health treatment for inmates as appropriate.

## 7. INSTITUTIONAL CLASSIFICATION COMMITTEE (ICC):

7.1 Procedures as outlined in SCDC Policy OP-21.04, "SCDC Inmate Classification Plan," will be strictly adhered to and enforced as they pertain to the Death Row Unit at BRCI. The ICC will be composed as follows:

7.1.1 Chaired by a security representative other than the official responsible for initiating the inmate's reduction in custody (For purposes of these procedures, "security representative" will be either the Warden, the Associate Warden, a Deputy Warden, or the Major);

7.1.2 Qualified medical or mental health care professional (available to the ICC as needed/required). A Qualified Mental Health Professional (QMHP) must attend any ICC in which an inmate with a mental health classification is being reviewed. In the absence of a QMHP, for compelling reasons, a member of the medical staff will attend;

7.1.3 Classification representative (one Classification Case Manager or Caseworker assigned to the Death Row Unit;

7.1.4 Other security/non-security staff members within the Death Row Unit; and

7.1.5 A committee consists of at least three members, to include the chairperson. However, if compelling reasons prevent the third member from attending or being polled telephonically, then two members will suffice for a quorum. If three or more members vote, a majority vote of the ICC members will carry. A unanimous vote will be necessary in any findings of a two-member committee. If a split decision should occur, the decision will be delayed until a third member can be contacted and polled.

7.2 The ICC will be responsible for scheduling systematic reviews of the inmates assigned to Death Row, to include:

7.2.1 30 day, 90 day, and annual reviews as required by the inmate's status and possible change in level designation;

7.2.2 Suicide blanket restriction;

7.2.3 Property restriction;

7.2.4 Nutraloaf restriction; and

7.2.5 Single man recreation/group.

7.3 Review Procedures for Death Row Inmates:

7.3.1 Newly received Death Row inmates will be reviewed by the ICC within 48 hours of arrival for their initial custody level assignment. New arrivals will be classified as Level III until such review is completed.

7.3.2 Inmates will be given written notice to appear before the ICC generally two (2) full business days (48 hours excluding weekends and holidays) prior to of the committee hearings. Inmates will be afforded the opportunity to waive their appearance at the hearings. In extenuating circumstances, if the inmates behavior and conduct are considered a security risk, the Warden may allow the ICC to conduct this hearing without the presence of the inmate or waiver by the inmate. In such cases, the reasons for this decision must be documented by the Warden in a memorandum which must include and reference supporting documentation



(disciplinaries, etc.). A copy will be filed in the inmates institutional record.

7.3.3 Level I - Inmates assigned to Level I will have an annual status review once per year, unless a change occurs (i.e., disciplinary, court decision, or another event) that would affect status.

7.3.4 Level II - Inmates assigned to Level II will be reviewed for a possible change in level status every 90 days following their initial placement in Level II.

7.3.5 Level III - Inmates assigned to Level III will be reviewed every 30 days for behavior change and as needed for status change.

7.3.6 Regardless of level changes, all inmates on Death Row will be reviewed by the ICC at least annually.

7.3.7 The ICC will be required to document its review. The initial 30 day, and 90 day level reviews will be documented on SCDC Form 19-30, "RHU Classification Committee Review," and will be filed in the inmates Institutional Record. The annual reviews will be documented on the CLASSP and on the SCDC Form 18-68, "Staff Memorandum" in the inmate's institutional record. The inmate can waive his/her right to appear at the classification hearing by completing SCDC Form 18-39, "Classification Waiver."

## 8. RECORD KEEPING:

8.1 An institutional record will be maintained on each Death Row inmate by the appropriate classification staff. Documentation will be filed in the inmates institutional file which will be maintained in the Institutional Records Office or other area designated by the Warden.

8.2 All mental health and medical review/screening notes will be maintained in the inmate's medical record.

8.3 See SCDC Policy OP-21.04, "Inmate Classification Plan," for information regarding procedures to be followed when a Death Row inmate's death sentence is overturned.

9. CONFINEMENT PROCEDURES: Immediate action will be taken if an inmate appears to be suicidal. (See SCDC Policy HS-19.03, "Inmate Suicide Prevention And Crisis Intervention," and other policies related to inmate suicide prevention and intervention for more information.) The ICC may also determine any special conditions or restrictions which should be imposed on Death Row inmates for security purposes. These special conditions include, but will not be limited to:

- Level of segregation;
- Recreation/exercise precautions (single/group);
- Personal property restrictions;
- Known assault risks;
- Known enemies (by name and SCDC number);
- Disruptive group (gang) affiliations;

- Restraining requirements (for movement);
- Treatments of, or accommodations for physical health conditions;
- Treatments of, or accommodations for mental health conditions;
- Special diet requirements (medical and/or religious);
- Medication requirements; and
- Any other special circumstances related to the inmate's segregation. (4-4286)

## 10. RECREATION:

10.1 Schedule: Death Row inmates in any category of segregation will be allowed out-of-cell recreation privileges (indoor or outdoor) five (5) days a week, at least one (1) hour per day, unless safety and security reasons dictate otherwise. (NOTE: All Level III Death Row inmates will be strip-searched before and after recreation, prior to returning to their cell.) The following will apply:

10.1.1 Level I and Level II inmates may have general recreation together with other Level I and Level II inmates. These inmates are not required to remain in restraints during recreation. However, the Deputy Warden or higher authority must approve for a Level I or Level II inmate to remain in restraints during recreation if they believe security and safety concerns warrant it. NOTE: Any time this occurs, the restrained inmate must receive recreation separately. (4-4270)

10.1.2 Level III: These inmates are required to remain in restraints during recreation. Both individual and group recreation can be used for recreation for Level III inmates. However, only one (1) inmate at a time may be in any given area. (4-4270)

10.2 On those days that out-of-cell recreation privileges will be provided to Level III inmates, security staff will contact each inmate to determine if he wishes to participate in recreation. The inmates decision will be recorded on SCDC Form 19-7A, "Cell Check." If the inmate elects to participate, the form will be marked with a "Y" (Yes). If the inmate is denied recreation due to inappropriate behavior, the form will be marked with an "I" (Ineligible), and note in comment section of SCDC Form 19-7A will be completed. If outdoor recreation is not afforded due to inclement weather, then the form will be marked with the letter "N" (No) and the inmate may exercise in his cell. The inmate will be referred to the "Physical Fitness: An In-Cell Exercise Program" (Attachment A) for this purpose. An inmates decision to/not to participate is final and may not be changed at a later time. (4-4270)

10.3 Disruptive behavior while on out-of-cell recreation will result in complete suspension of this privilege or for Level I and II inmates, modification of this privilege to individual recreation only for the remainder of that recreation period and for the next scheduled recreation period. Documentation that a Level III inmates recreation has been suspended will be recorded on SCDC Form 19-7A, "Cell Check Log," in the "Comments" section. For a Level I or II inmate, suspension or modification of this privilege will be recorded in the Death Row logbook. (NOTE: An Officer may recommend that an inmates recreation be suspended; however, a Deputy Warden or higher must approve the suspension and place his/her initials next to the remarks.) Disciplinary action may be taken against an inmate in these cases as well.

10.4 Each recreational area/fence will be thoroughly inspected before and after each inmate is allowed recreation. These inspections will be documented in the Death Row Unit logbook.

10.5 Inmates will be prohibited from bringing any sheets, blankets, or pillows out of their cell. Allowed items will be determined by the Warden/Designee.

## 11. VISITATION:

11.1 All inmates families/visitors will be required to complete SCDC Form 19-127, "Request for Visiting Privileges." Inmates will be responsible for sending the applications to their families for completion. The completed Form 19-127 must be mailed to SCDC Visitation and IM DT P.O. Box 212969, Columbia, SC 29221, for approval. Visiting is a privilege and inmates will be expected to abide by all policies and procedures.

11.2 Death Row inmates will be allowed non-contact visitation privileges as follows:

11.2.1 All levels will be permitted to receive up to eight (8) visits per month. (NOTE: Level III inmates will have visitation held separately from other inmates on Death Row.)

11.2.2 A regular visitation schedule will be developed by the Warden/designee. This schedule will include the day(s) and time(s) during which visitation will be held, any limits on the length of visits or the number of visitors, and the deadline by which inmates must submit requests for visits (see section 11.2.3 below). This schedule will be posted prominently in the Death Row Unit. The Warden or designee will establish separate visiting hours for Death Row inmates on Execution Status as per section 11.3 below.

11.2.3 All inmates desiring visits will be required to submit SCDC Form 19-11, "Request to Staff Member," to the Classification Caseworker/designee assigned to the Death Row Unit by the deadline indicated by the schedule. Inmates will be advised of the date and time of each approved visit.

11.2.4 It will be the inmates responsibility to initiate scheduling visits and to notify his/her visitor(s) of the date(s) and time(s) of the approved visit(s).

11.3 All visits for inmates on execution status must be approved by the Warden or Regional Director. Upon placement of the inmate on Execution status on the Death Row Unit, immediate family members, clergy, and attorneys or legal staff of record will be authorized to participate in visits with the inmate outside of the regular visitation schedule provided that each visitor submits advanced written notice and is approved by the Warden or Regional Director. The Warden or Regional Director will maintain a record of all visits that are approved. The Warden or Regional Director will also determine how many visits will be allowed, whether the visits will be contact or non-contact, and will designate an appropriate space for these visits.

11.3.1 Immediate family members will be defined as outlined in SCDC Policy OP-22.09, "Inmate Visitation." As many family members will be scheduled to visit prior to the inmates scheduled day of

execution as is practical.

11.3.2 Clergy of Record - The Chief of the Pastoral Care Branch will be responsible for verifying ministers credentials.

11.3.3 Attorneys - Verification of the Attorney of Record and their staff, such as paralegals and investigators, will be provided by the Office of General Counsel.

11.3.4 There will be no family visitation while in the Capital Punishment Facility (CPF) at the Broad River Secure Facility if the inmate is moved on the day of the execution. Family visitation will be allowed at the CPF only if the inmate is moved prior to the day of execution. (See SCDC Policy SK-22.03, "Execution Directives," for more information.) (4-4267)

## 12. RELIGION:

12.1 An institutional Chaplain or designated volunteer will visit the Death Row Unit at least weekly and may be called for emergencies. Individual inmate requests to see a Chaplain will receive prompt response. All religious programming and all services will be conducted within the Death Row Unit. If individual religious counseling is requested, it may be provided at the inmates cell door. Inmates assigned to Level III status will not be allowed to attend out of cell religious programming.

12.2 Ministerial/Spiritual Advisor visits for Death Row inmates (with the exception of those on Execution Status) will be conducted as scheduled by the Chaplain, with the Warden/Designee's approval. Attorney and Ministerial/Spiritual Advisor visits will not count against general visitation privileges. The inmate will forward SCDC Form 19-11, "Request to Staff Member," to the Chaplain who will schedule a time the visit will take place. (NOTE:All Ministerial/Spiritual Advisor visits will be non-contact.)

12.3 Religious services and other religious programming will be scheduled by the Chaplain in cooperation with the Warden or designee. Inmates will be informed of these services and programs in advance and will be afforded the opportunity to sign up to attend. The Chaplain and Warden/designee will determine how many inmates can participate, taking into consideration safety, security, and logistical concerns. They will also establish criteria by which inmates will be selected for participation if more inmates request to attend than can be accommodated. If an inmate cannot participate in a group service or program, they can request that the Chaplain provide them with a similar service individually in accordance with 12.1 above. (4-4273)

13. MEALS: Death Row inmates will have access to nutritionally adequate meals. Specific dietary requirements will be met for those inmates whose medical or dental condition requires dietary management. The food will be picked up by correctional staff at the Cafeteria and will be transported to the unit. It may be placed on the hot bar in the unit and served by inmate workers. Level I and II inmates may be allowed to eat in the common area of the unit with other Level I and II inmates. However, security staff may limit or place restrictions on this privilege or may serve Level I and II inmates meals in their cells if necessary. Level III inmates will have their meals distributed to them by correctional staff in their cells.

14. CANTEEN: Death Row inmates will have access to the Canteen on the Death Row Unit. The Warden/designee will develop and post a canteen schedule which will include canteen operating hours, frequency of visits allowed for each level, and spending limits for each level.

14.1 Execution Status - Inmates will be allowed to buy food, candy, and hygiene items only.

14.2 Disciplinary Status - Inmates will have no Canteen privileges.

14.3 Short Term Status - Inmates will be allowed to buy hygiene items ONLY.

14.4 Protective Custody (PC)/Mental Health Status - Inmates will not be allowed to purchase any item which, in the discretion of the security staff, can be used as a weapon or used for self-mutilation including canned food items. They can purchase hygiene items, paper package items and a total of three (3) cans of soft drinks at a time.

14.5 Security/Escape Risk Status - Inmates will not be allowed to purchase any item which can be used as a weapon or an escape tool including canned food items. They can purchase hygiene items, paper package items and a total of three (3) cans of soft drinks at a time.

15. PROPERTY:

15.1 Death Row inmates will retain personal property allowed in accordance with the Level to which they have been assigned. Unless otherwise stipulated, all property must be either state issued or purchased from the Canteen. In addition to the below listed, inmates may have items purchased from the canteen. Inmates will be responsible for maintaining purchase records for canteen items. Staff may place limits on the number of canteen items an inmate may have at one time based on security, health, safety, or other concerns. The property of Death Row inmates who present a danger to the security of staff, the inmate, or others, or a danger of escape, may also be restricted. (4-4261, 4-4292, 4-4293)

15.2 Level I:

1 pair of tennis shoes	1 pair of clogs	toothbrush/toothpaste	1 doo-rag
1 jacket	2 jumpsuits	1 pair of athletic shorts	2 sets of thermals
6 white handkerchiefs	7 pairs of socks	7 pairs of undershorts	7 undershirts
3 towels	3 washcloths	2 sheets	1 pillow case
1 blanket	1 mesh bag	1 tumbler (plastic)	2 cups

1 Kufi or Kippah (Refer to SCDC Policy PS-10.05, "Inmate Religion")	1 crank radio and/or radio cassette (Walkman type)	writing/legal materials (amount that can be placed in a box no larger than 15"x12"x10") **Only 1 box may be retained by the inmate. Refer to section 15.11 for additional information.	1 fan
1 8 quart size ice chest	1 watch	1 brush (plastic or rubber)	1 television
1 ring	1 headset	1 necklace (religious only must be approved by the Warden)	1 typewriter
1 deck of playing cards	pictures (up to 8"x10") - (10 loose or amount that can fit in two (2) photo album(s))	10 personal books/magazines (If the inmate has a Bible, Koran, or any photo albums, these will count towards their 10 book limit.) (4-4269)	1 single outlet dropcord
soap/three in one cleanser	shaving supplies to include 1 battery operated shaver	1 comb	1 lamp
1 clock	1 hot pot/coffee pot		

15.3 Level II:

1 pair of tennis shoes	1 pair of clogs	1 jacket	2 jumpsuit
4 pairs of socks	4 pairs of undershorts	4 undershirts	1 set of thermals
2 white handkerchiefs	1 cup (plastic)	1 towel	1 washcloth
2 sheets	1 pillow case	1 blanket	1 mesh bag

toothbrush/toothpaste	1 watch	1 ring	1 necklace (religious only must be approved by the Warden)
writing/legal materials (amount that can be placed in a box no larger than 15"x12"x10") **Only 1 box may be retained by the inmate. Refer to section 15.11 for additional information.	pictures (up to 8"x10")-10 loose or number that can fit into two (2) photo albums	hygiene supplies	4 personal books/magazines ( If the inmate has a Bible, Koran, or any photo albums, these will count towards their 4 book limit.) (4-4269)
soap/three in one cleanser	shaving supplies to include 1 battery operated shaver	1 comb	1 crank radio and/or radio cassette (Walkman type)
1 Kufi or Kippah (Refer to SCDC Policy PS-10.05, "Inmate Religion")	1 television	1 typewriter	1 fan
1 8 quart size ice chest	1 lamp	1 clock	1 hot pot/coffee pot
1 single outlet dropcord			

15.4 Level III Execution Status:

1 pair of tennis shoes	1 pair of clogs	1 jacket	1 jumpsuit
1 comb	2 pairs of socks	2 pairs of undershorts	2 undershirts
toothbrush/toothpaste	1 towel	1 washcloth	1 mesh bag
2 sheets	1 pillow case	1 blanket	1 tumbler (plastic)

soap/three in one cleanser	writing/legal materials (amount that can be placed in a box no larger than 15"x 12 "x 10 " ) **Only 1 box may be retained by the inmate. Refer to section 15.11 for additional information.	1 crank radio or radio cassette (Walkman type)	1 headset
1 deck of playing cards	1 watch	1 ring	1 necklace (religious only must be approved by the Warden)
pictures (up to 8"x10")-10 loose or number that can fit into two (2) photo albums	5 personal books/magazines (If the inmate has a Bible, Koran, or any photo albums, these will count towards their 5 book limit.)(4-4269)	1 Kufi or Kippah (Refer to SCDC Policy PS-10.05, "Inmate Religion")	1 television
1 8 quart size ice chest	1 typewriter	1 clock	1 hot pot/coffee pot
1 single outlet dropcord	1 lamp	1 fan	

15.5 Level III Disciplinary:

1 pair of tennis shoes	1 pair of clogs	1 jacket	1 jumpsuit
2 pairs of socks	2 pairs of undershorts	2 undershirts	1 set of thermals
1 towel	1 washcloth	2 sheets	1 pillow case
1 blanket	1 mesh bag	shaving supplies (razor will not be stored in the inmate's cell. It will be issued for use and then retrieved.)	1 watch



1 ring	1 necklace (religious only must be approved by the Warden)	writing/legal materials (amount that can be placed in a box no larger than 15"x12"x10") **Only 1 box may be retained by the inmate. Refer to section 15.11 for additional information.	soap/three in one cleanser
1 comb	toothbrush/toothpaste	1 Bible/Koran (4-4269)	
1 Kufi or Kippah (Refer to SCDC Policy PS-10.05, "Inmate Religion")			

15.6 Level III Protective Custody:

1 pair of tennis shoes	1 pair of clogs	1 single outlet dropcord	1 doo-rag
1 jacket	2 jumpsuits	3 sets of thermals	6 white handkerchiefs
1 pair of athletic shorts	7 pairs of socks	7 pairs of undershorts	7 undershirts
2 sheets	1 pillow case	1 blanket	3 towels
3 washcloths	1 mesh bag	1 tumbler (plastic)	2 cups
1 headset	1 comb	soap/three in one cleanser	1 crank radio or radio cassette (Walkman type)
1 battery operated shaver	1 8 quart <b>size ice chest</b>	1 typewriter	1 lamp

1 ring	1 watch	1 necklace (religious only must be approved by the Warden)	writing/legal materials (amount that can be placed in a box no larger than 15"x12"x10") **Only 1 box may be retained by the inmate. Refer to section 15.11 for additional information.
1 deck of playing cards	pictures (up to 8"x10") - 10 loose or number that can fit into two (2) photo albums	1 pair of sunglasses	toothbrush/toothpaste
1 brush (plastic or rubber)	shaving supplies to include one battery powered razor (razor will not be stored in the inmate's cell. It will be issued for use and then retrieved.)	10 personal books/magazines (If the inmate has a Bible, Koran, or any photo albums, these will count towards their 10 book limit.) (4-4269)	1 clock
1 Kufi or Kipah (Refer to SCDC Policy PS-10.05, "Inmate Religion")	1 television		1 fan
1 hot pot/coffee pot			

15.7 Level III Security/Escape Risk:

1 pair of tennis shoes	1 pair of clogs	1 pair of athletic shorts	2 pairs of socks
1 jacket if needed	1 jumpsuit	2 undershirts	1 mesh bag
2 sheets	2 pairs of undershorts	1 blanket	1 towel
1 washcloth	1 pillow case	1 ring	1 watch
1 deck of playing cards	1 headset	1 comb	1 necklace (religious only must be approved by the Warden)

soap/three in one cleanser	5 personal books/magazines (If inmate has a Bible, Koran, or any photo albums, these will count towards their 5 book limit.) (4-4269)	1 brush (plastic or rubber)	toothbrush/toothpaste
1 Kufi or Kippah (Refer to SCDC Policy PS-10.05, "Inmate Religion")	pictures (up to 8"x10") - 10 loose or number that can fit in one (1) photo album	writing/legal materials (amount that can be placed in a box no larger than 15"x12"x10")**Only 1 box may be retained by the inmate. Refer to section 15.11 for additional information.	

15.8 Inmates will not be allowed to have metal fasteners of any type, i.e., paper clips, etc. (NOTE: SCDC Form 20-18, "Personal Equipment Order Form," should be used by inmates to request the above items from the Canteen and to authorize deductions from their E. H. Cooper Trust Fund Account.)

15.9 Property items NOT allowed to be in the inmates possession will be inventoried and disposed of pursuant to SCDC Policy OP-22.03, "Authorized Inmate Property and Disposition of Unauthorized Property."

15.10 If a Death Row inmate requests access to legal proceedings that have not been transcribed, a staff member (Major or above) will contact the Office of the General Counsel. An attorney in the Office of the General Counsel will coordinate with appropriate staff members, and the inmate's attorney (if applicable) to make an exception such that the inmate may listen to or view such proceedings, if the proceedings have not been or cannot be transcribed.

15.11 Each Death Row inmate will be allowed to retain the amount of legal material that would fit into an 15" x 12" x 10" box. Excess legal material may be sent home at the inmates expense or the inmate may request to maintain these materials in the property control room through his/her Warden using SCDC Form 19-11, "Request to Staff Member." No legal materials will be disposed of by SCDC staff. Any excess legal materials beyond an 15" x 12" x 10" box will be put into another box(es) (any size box may be used). NOTE: Legal material is only the materials dealing with an inmate's court cases, not personal mail, papers, pictures, etc. If an inmate mis-uses this box in any way, it will be removed, as outlined in OP-22.36, "Damage, Destruction & Abuse of Property." The inmate's name, inmate identification number, and the number of the box (es) (e.g., 1,2,3, etc.,) will be written on the box that contains the excess legal materials and the box(es) will be sealed in the presence of the inmate. The box(es) containing the excess legal materials will be stored in the property room. When the inmate needs to use the legal materials stored in the excess legal materials box, he/she will complete an SCDC Form 19-11, "Request to Staff Member." The

inmate must identify the number of the box he/she requires and the amount of time that he/she will need the box. In general, the inmate may be allowed to keep the box for five calendar days, however the box may be removed from the cell sooner if security or safety needs dictate. The box will be provided to the inmate in a timely manner upon receipt of his/her SCDC Form 19-11. The inmate is allowed to remove material from the box stored in his/her cell and exchange it with materials stored in the excess legal materials box. When the inmate is finished with the excess legal materials box, it will be re-sealed in the inmate's presence and returned to the property room.

16. **SHOWERING:** Death Row inmates will be provided the opportunity to take a shower five (5) days per week, to exclude weekends and holidays, which will be documented on SCDC Form 19-7A, Cell Check Log." If the inmate receives regular visits during the weekend, he will also be allowed to shower prior to the visit. Death Row inmates will be furnished and expected to wear clean clothes and they must adhere to the grooming standards as outlined in SCDC Policy OP-22.13, "Inmate Grooming Standards." Inmates will not sign up for visits just to get a shower (or they could be subject to disciplinary action). (4-4262)

17. **EMPLOYMENT:** Death Row inmates will be eligible to hold jobs that do not required them to leave the Death Row Unit. These jobs will be assigned by the ICC in accordance with SCDC Policy OP-21.04, "Inmate Classification Plan." However, by virtue of their sentence and applicable state law, inmates on Death Row cannot earn Earned Work Credits (EWCs) or Earned Education Credits (EECs).

18. **CLASSIFICATION SERVICES:** The Classification Caseworker assigned to Death Row will be responsible for making at least monthly visits to inmates assigned to Death Row in order to talk with inmates and respond to questions they may have regarding visits or other related questions. (4-4258)

19. **LAUNDRY SERVICES:** Level I and II inmates may have access to the laundry facilities on the unit. This access may be limited by security staff if necessary. Level I and II inmates will be provided the opportunity to have their laundry done, whether via staff facilitated laundry services or via inmate access to the laundry facilities, at least twice per week. Failure to use the laundry facilities in accordance with the unit rules may result in revocation of this privilege. Level III inmates will be provided staff facilitated laundry services at least twice per week. (4-4263)

20. **RESTRAINTS:** Inmates in Levels I, II, and III will be restrained with leg irons and security cuffs/belly chains whenever exiting the unit. A Sergeant or above will escort an inmate when he is moved from the unit. Prior to leaving or upon entering Death Row, all inmates will be strip searched. Level III inmates will be escorted by one (1) supervisor and one (1) officer, and will be in appropriate restraints at all times. Inmates in Levels I and II will be escorted by at least one (1) supervisor and will be in appropriate restraints while under escort.

21. **CORRESPONDENCE:** Death Row inmates will be afforded correspondence privileges in accordance with SCDC Policy PS-10.08, "Inmate Correspondence Privileges." Inmates will be permitted to receive personal magazines/books in accordance with this policy; however, the amount authorized will be consistent with the authorized property amounts indicated in Section 15 above. (4-4266)

22. **PROGRAMS:**

22.1 Death Row inmates may have access to programs which are consistent with security requirements.

22.2 Death Row inmates may enroll in study courses furnished and supervised by the Division of Education. Inmates will be provided academic support in reading and math. This is contingent upon an inmates acceptable conduct and earnestness. Tutoring will be given by instructors going from cell to cell, issuing and grading assignments. Inmates will be allowed to participate in correspondence courses at their own expense. (4-4273)

23. TELEPHONE PRIVILEGES/CALLS: Each inmate will be provided a Personal Identification Number (PIN) during Inmate Orientation. Inmates may report trouble with PINs by completing SCDC Form 2-6, "Inmate Telephone Trouble Form," and submitting it to the inmate telephone coordinator at BRCI. The following restrictions will apply:

23.1 Telephone calls, other than legal calls which have been scheduled in advance for a longer duration, will be limited to 15 minutes. They will be automatically disconnected one (1) minute after the 14 minute warning beep.

23.2 All telephone calls will be collect. The Deputy Warden/designee may place limits on telephone usage, including on the number of calls an inmate can make, in order to ensure that all inmates are afforded an opportunity to use the phone and that inmate phone usage does not interfere with the safe running of the unit.

23.3 Inmates will be allowed to place telephone calls to their legal counsel if established counsel will accept their calls. For purposes of these procedures, "legal counsel" may consist of the inmates attorney of record and/or paralegal(s). Calls between an inmate and their attorney will not be monitored. Any deviation of this procedure will be documented in the inmates record. In the event that an attorney calls the institution and requests an attorney telephone call with a Death Row inmate, the telephone call will be arranged as directed by the SCDC General Counsel's office. (4-4271)

23.4 Level I and II inmates must follow the above procedures to access the telephone but will not be subject to any additional restrictions.

23.5 Level III inmates may be subject to the below additional restrictions corresponding with the status:

23.5.1 Disciplinary: Telephone calls will be restricted to legal calls only. Calls must be approved by the Captain/designee of the Death Row Unit.

23.5.2 Security/Escape Risk: Telephone calls may be restricted.

24. HYGIENE SUPPLIES:

24.1 New inmates will be provided an initial 30 day supply of hygiene items and writing materials (pencil and/or pen, envelopes, paper). Refer to policy ADM-16.08, "Commissary Operations," for additional

information on the indigent hygiene pack.

24.2 With the exception of inmates on Disciplinary Status, inmates having money in their E. H. Cooper Trust Fund Account will be allowed to buy hygiene items from the Canteen.

24.3 On a monthly basis, indigent inmates and inmates on Disciplinary Status, will receive a package containing a 30 day supply of hygiene items. Refer to policy ADM-16.08, "Commissary Operations," for additional information on the indigent hygiene pack. (4-4261)

24.4 Inmates will be required to maintain compliance with SCDC policies regarding inmate grooming and attire standards. Death Row inmates will be permitted to shave a minimum of three (3) times per week. Level III inmates on Execution and Security/Escape Risk status will be shaved to maintain compliance with the inmate grooming standards. (NOTE: Razor/shaver restrictions will be imposed by the Death Row Unit Supervisor if security and/or mental health concerns should arise.) (4-4261)

25. MEDICAL: All inmates assigned to the Death Row Unit will receive health care, sick call, and/or medication as needed in accordance with Agency Health Services policies and procedures. At a minimum, qualified medical personnel will be required to visit the Death Row Unit at least daily to ensure the health and well-being of inmates. (4-4258, 4-4261)

## 26. LIBRARY AND LAW LIBRARY ACCESS:

26.1 Library: Inmates will have access to the library books in accordance with SCDC policies related to library services. Inmates may check out a maximum of three (3) books at a time. These books will not count towards the maximum number of books an inmate may have as outlined in Section 15 above. (NOTE: Inmates in disciplinary status will not be authorized to check out library books.) (4-4269)

26.2 Law Library: Inmates on Death Row may obtain law materials in accordance with SCDC Policy GA-01.03, "Inmate Access to the Courts." Law books obtained in this manner will not be counted against the inmates total number of authorized books as outlined in Section 15 above. The law computer is also available. (4-4268)

## 27. MANAGEMENT AND SECURITY MEASURES PROCEDURES:

27.1 The following are guidelines related to the management of the Death Row Unit:

27.1.1 Employee assignment in the Death Row Unit will comply with SCDC staffing patterns which specify the number of officers and supervisors to be placed in the Death Row Unit.

27.1.2 A sufficient number of staff will be deployed so that the normal 8 or 12-hour shift can be maintained.

27.2 The Warden will take all necessary steps to ensure that the safety and security of inmates and staff in the Death Row Unit are maximized.

27.2.1 Written special orders specific to inmate movement within each wing in the Death Row Unit will be attached to SCDC post orders. The specifics outlined in these post orders and special orders will be followed at all times.

27.2.2 Prior to and after each use, the shower areas, rock area, and inside/outside recreation areas will be thoroughly searched.

27.2.3 Inmates will be strip-searched before and after recreation and prior to leaving and returning to the assigned unit.

27.2.4 Frequent, thorough searches of the cells, cell runs, shower areas, and other locations within the Death Row Unit will be conducted. Each cell will be thoroughly searched prior to assigning an inmate to the cell.

27.3 A Death Row inmate may be temporarily placed in a designated cell of the Death Row Unit pending a disciplinary and/or classification hearing if he is charged with, or suspected of, a disciplinary violation by the Warden, the Associate Warden, or an approved designee for up to seven (7) days if the inmate falls into one of the following categories. By the end of the seven days, the ICC will determine the appropriate level of the inmate.

27.3.1 The inmate is a current escape risk;

27.3.2 The inmate's presence in his normally assigned cell or other areas to which he normally would have access would cause a threat to the safety, security, and/or order of the institution; or

27.3.3 It is necessary to maintain the integrity of an investigation, i.e., to preserve the integrity of information either in the inmate's possession or another inmate's possession.

NOTE: By the end of seven (7) days, the ICC will determine the appropriate level of the inmate.

## 28. DEATH ROW SECURITY STAFF DUTIES:

### 28.1 Security Supervision:

28.1.1 Correctional officers assigned to the Death Row Unit will be required to conduct security checks and to personally observe each inmate a minimum of twice per hour on an irregular, unannounced schedule. At no time shall a security check be more than 40 minutes apart. Rounds will be recorded in the Death Row Unit log book.(4-4257)

28.1.2 At a minimum, the Deputy Warden or highest ranking uniform officer of the Death Row Unit will be required to make daily visits and rounds of the Death Row Unit to ensure the health and well-being of inmates assigned to the same. (4-4258)

28.1.3 The officers assigned to the Death Row Unit will be responsible for recording in the Death Row Unit permanent log book all routine and unusual events not documented on SCDC forms referenced in this policy. The log will also be used to record all visits by officials who inspect the unit or provide other program services. (4-4258, 4-4260)

28.2 Death Row Escort Procedures: Death Row inmates will be strip-searched and placed in full restraints before exiting the unit. Death Row inmates will be escorted according to Section 20 above, and all applicable post orders.

28.3 Death Row Housing Procedures:

28.3.1 Each wing of the Death Row Unit will develop and implement procedures to ensure that categories and levels of segregation can be identified by the cell number and/or row of the segregation housing area. Inmates in Level III will be housed in a separate physical location. Inmates in Levels I and II may be housed in the same physical location; however, an empty cell will be maintained between the two (2) levels.

- Inmates on Death Row should be assigned to housing areas that are specifically designated for their custody requirements.

- Housing recommendations of treatment professionals, as noted in each inmates Health Summary for Classification form, will be followed by Classification Committees and by both Classification and Security staff.

28.3.2 Inmates on Death Row will be single-celled. Inmates will be expected to maintain cleanliness and sanitation in accordance with institutional health standards. Inspections of living areas will be conducted at least weekly by designated employees/inspectors of the institution. Inmates will not be authorized to keep cleaning equipment and supplies in their cells. Instead, supplies will be issued and then returned when the inmate is done with them.

28.3.3 Grooming - Inmates in all levels will be afforded a haircut and will be expected to maintain rigid compliance with SCDC Policy OP-22.13, "Inmate Grooming Standards." Inmates who do not comply with the SCDC grooming standards will be charged in accordance with SCDC Policy OP-22.14, "Inmate Disciplinary System," and, if found guilty, will be placed in Level III - Disciplinary Status. NOTE: The same review process outlined in Section 7.3 above, will apply. Inmates will not be allowed to grow or style their hair in any manner other than that authorized in OP-22.13. Inmates may be given forced haircuts or shaves if they refuse to comply with the haircut and shave policy. Forced haircuts or shaves are considered a use of force and must be videotaped pursuant to SCDC Policy OP-22.01, "Use of Force."



28.3.4 Cell Search - Cells will be searched on a regular basis at least once a week. When an inmate is moved in or out of a cell, an officer will conduct a thorough cell search. This search will include a security check of the bars, ventilators, lights, switches, fixtures, toilet, sink, mattress, blanket, and bedding. In the event that damage has been caused by the inmate, he will be charged in accordance with SCDC Policy OP-22.14, "Inmate Disciplinary System."

28.3.5 When an inmate is initially assigned to Death Row status, he will be placed on 15 minute cell checks for a minimum of seven (7) days. At the end of seven (7) days, the inmate will be reviewed by a QMHP in order to determine his appropriate status. (4-4257)

28.3.6 All sidewalks, hallways, offices, etc., will be checked/secured by a Sergeant or above before a Death Row inmate is moved into or through these areas. The supervisor checking those areas will notify the Death Row Unit Control Room when the areas are clear and secure. At no time will Death Row inmates move until the Control Room has been notified and the area is clear and secure.

28.3.7 No one will enter the Death Row Unit except personnel assigned to this area, without a specific, legitimate purpose. Control Room employees will never open doors or allow unauthorized personnel to enter unless approved by the Shift Captain/designee or above.

28.3.8 All personnel entering the Death Row Unit will surrender all items to the Control Room Officer prior to entering the wing, i.e., keys, any medications, etc., and each individual will be frisk-searched. All personnel entering will be logged in/out by name, date, time, etc., each time that they enter and leave the Death Row Unit.

28.3.9 Inmates will be strip-searched prior to leaving the unit and will be strip searched prior to entering the unit. They may also be strip searched any other time deemed necessary.

28.3.10 A Sergeant or above will be on the cell block of the Death Row Unit at all times. If the assigned Sergeant must leave, s/he will contact the Shift Captain Lieutenant. The Shift Captain/Lieutenant will assume the Sergeants duties in the Death Row Unit prior to the sergeant departing the area.

## 29. DAMAGE, DESTRUCTION, AND/OR MISUSE OF PROPERTY:

29.1 Inmates housed on Death Row who damage, destroy, or misuse property may lose privileges and/or property items, and/or be decreased in their Level as deemed appropriate by the ICC according to the following procedures: (NOTE: This action can be taken in addition to formal disciplinary action being taken against the inmate pursuant to SCDC Policy OP-22.14, "Inmate Disciplinary System." Inmates may also be required to make restitution for the damaged/destroyed item pursuant to SCDC Policy ADM-15.01, "Repayment of Costs by Inmates.")

29.1.1 Any time an inmate is found to have damaged, destroyed, or misused property, the unit supervisor may confiscate the property and will document such confiscation on SCDC Form 19-20, "Property

## Confiscation Report & Review."

29.1.2 Within three (3) working days following the confiscation of the property item, the unit supervisor will be required to make a determination as to the continued confiscation of the property item. The unit supervisor has the authority to continue confiscation of the property item for an additional period not to exceed ten (10) working days. (This 10-day period will be in addition to the three (3) days following the initial confiscation of the item. Working days excludes weekends and holidays.) Should an item be recommended to be returned to the inmate, the item will, if necessary be repaired or replaced with like items and the inmate may be held liable for repair and/or replacement costs pursuant to SCDC Policy OP-22.14, "Inmate Disciplinary System," or SCDC Policy ADM-15.01, "Repayment of Costs by Inmates."

29.1.3 The second occurrence of property damage, destruction, or misuse of property by the inmate may result in the confiscation of the item from the inmate for a period not to exceed 30 days. The Deputy Warden of Death Row will be responsible for reviewing such incidents and for making a determination as to duration of the confiscation. Recommendations will be documented on SCDC Form 19-20. The Deputy Warden of Death Row will be required to review the loss of the item on a weekly basis (every seven (7) calendar days) and may recommend that the item be returned to the inmate at any time. SCDC Form 19-20, will be used to document these reviews.

29.1.4 In addition to the SCDC Form 19-20, security staff will be responsible for documenting any confiscated items and the duration of the confiscation in the unit log book.

29.1.5 All documented incidents of such behavior will be filed in the inmate's Institutional Record and may be used by the ICC to adjust an inmate's level assignment.

29.2 Misuse of Cups: Inmates who use cups to throw part of a meal to assault staff or other inmates will be prohibited from having cups in their cells and from eating meals in common areas of the unit for a period of 30 days. SCDC Form 19-20, "Property Confiscation Report/Review," will be used by security staff to document this restriction. During this time, the inmate will be allowed to drink water out of the sink in his cell. The inmate's behavior will be reviewed after thirty (30) days by the ICC, and, if approved, the inmate may be allowed again to retain a cup in his/her cell and to eat meals in common areas of the unit. Reviews by the ICC will be documented on SCDC Form 19-20. All repeated occurrences of similar behavior by an inmate will be handled similarly and consistently.

29.2.1 All documented records concerning the misuse of property will be filed in the inmate's Institutional Record and may be used by the ICC to adjust an inmate to a more restrictive level assignment.

29.2.2 Inmates who use cups or other property items to throw other substances which constitute a health risk (e.g., feces, urine, etc.) or to assault staff or other inmates will be subject to the same restrictions as described in Section 30 below. In the event that substances thrown are verified to be bodily fluids, the inmate may also be criminally prosecuted pursuant to existing state statutes. (4-4265)

29.3 When it has been determined that a Death Row inmate has thrown substances or objects, has destroyed his state-issued clothing, or has utilized his clothing as a weapon, he will be subject to disciplinary action in accordance with SCDC Policy OP-22.14, "Inmate Disciplinary System."

### 30. NUTRALOAF MEAL SERVICE:

30.1 The nutraloaf meal may be imposed upon the inmate for the following violations:

- Refusing to return food tray, cup, or utensils;
  
- Throwing food, food tray, cup, or utensils;
  
- Collecting or throwing human waste or any unidentified substances by way of tray, cup, or utensils;
  
- Refusing to return uneaten food;
  
- Interfering with the feeding of any meal; or
  
- Collecting, smearing, throwing, or otherwise exposing an employee to feces, urine, blood, or any other bodily fluid in any manner.

30.2 The use of nutraloaf must be approved in writing by the Warden (or an approved designee at the level of Major or above) and by a qualified medical professional. The qualified medical professional will be required to review any medical condition that may preclude the inmate from being placed on nutraloaf. Section I of SCDC Form 19-85, "Nutraloaf Meal Service," will be provided to the inmate for this purpose.

30.3 Each inmate approved to be placed on nutraloaf must be provided with written notification of the same. Section II of SCDC Form 19-85, "Nutraloaf Meal Service," will be provided to the inmate for this purpose.

30.4 The use of nutraloaf must be reviewed every 48 hours by the Major or other higher authority and by a qualified medical professional. The use of nutraloaf cannot exceed seven (7) days. Section III of SCDC Form 19-85, "Nutraloaf Meal Service," will be used to document these reviews. A copy of this form will be maintained in the inmates institutional record.

30.5 If the inmate engages in any of the behavior described above after being restored to regular meals, he may be returned to the nutraloaf meal for a period not exceeding seven (7) additional days. This additional period will begin at the time of the subsequent offense.

30.6 If an inmate continues to commit any of the violations described above while he is being provided nutraloaf meals, the inmate may be continued on nutraloaf for an additional seven (7) days, provided that he is given regular meals for a period of 24 hours prior to the start of his next nutraloaf period. The same procedures described above will be followed to return the inmate to a nutraloaf meal. The 24 hour break will also be documented in the Death Row Unit log book. (4-4264)

31. INMATE GRIEVANCE PROCEDURES: Death Row inmates may file grievances in accordance with SCDC Policy GA-01.12, "Inmate Grievance System." (4-4284)

32. STAFF TRAINING AND ASSIGNMENT: Only certified, highly motivated, and dedicated uniformed personnel will be selected to work within the Death Row Unit. The selected uniformed personnel will be trained in the essential skills needed to work in and cope with Death Row inmates. Uniformed staff will be evaluated on a daily basis by their supervisor as to their effectiveness in the Unit. Uniformed staff who are determined to be unable to handle assignment in the Death Row Unit will be removed from the Unit and assigned to an appropriate post in another area of the facility. Officers will be responsible for the security, safety, and cleanliness of the Death Row Unit. (4-4259)

33. DEFINITIONS:

Nutraloaf refers to a food product (in the form of a loaf) which provides and meets requisite dietary needs and requirements and is provided to inmates in place of regular meals under limited circumstances approved by the Warden and qualified medical officials. (4-4264)

Execution Status refers to the status a Death Row inmate is placed on (at BRCI) from the time the execution order is received until he is transported to the Capital Punishment Facility (CPF).

Institutional Classification Committee (ICC) refers to the decision-making body for institutional custody decisions. It is the committee that systematically reviews the behavior, programming needs, progress, and Level of inmates assigned to Death Row. The ICC will be responsible for reviewing the inmate at scheduled intervals and for determining an inmate's movement from one (1) Level to another. The ICC will be chaired by one (1) of the following: Warden, Associate Warden, or Major.

Qualified Medical Professional refers to a physician, physician's assistant, LPN, RN, nurse practitioner, or mental health care professional.

SIGNATURE ON FILE

—  
Date of Signature

ORIGINAL SIGNED COPY MAINTAINED IN THE OFFICE OF POLICY DEVELOPMENT

## ATTACHMENT A

### PHYSICAL FITNESS:

#### AN IN-CELL EXERCISE PROGRAM:

The South Carolina Department of Corrections has endorsed the following exercise program for those inmates who are, for whatever reason, required to remain in their cells most of the time (i.e., institutional lockdown, Restrictive Housing Unit, Death Row, etc.). The program is called Physical Fitness: An In-Cell Exercise Program for Inmates. In this program, the benefits of physical fitness are discussed, along with setting a schedule and staying on it, and, most importantly, the listing and explanation of those exercises that are appropriate for both men and women. This Attachment should be disseminated to inmates whenever

they are confined to their cells or housing areas and are not authorized recreation.

## INTRODUCTION:

Physical fitness involves a sound program of exercise. Exercise is important in improving respiration, circulation, digestion, and many other bodily systems. A good exercise program is a type of preventive medicine against breakdown of the human machine. Included are a few basic exercises for men and women that can be done in living areas and can be effective for personal fitness.

Common sense tells us that those with medical problems or physical disabilities should have a consultation with a physician before attempting any physical exercise program. If you have not exercised for a long time, take it easy. Too active an exercise period can lead to physical set-backs. Start slowly and gradually increase the number of exercises.

Set a schedule and stick to it. Do not be rushed. Never exercise directly after meals. The best time to exercise might be in the morning when you first get up or an hour or so before you go to bed at night.

It is suggested that you gradually build up your exercise period. Do not try to do too much at first. When you first start your program, repeat each exercise only two (2) times, increasing by one (1) repetition every two (2) or three (3) days, until you reach your desired number. Space your sessions with deep breathing pauses of a few seconds. If there is not a clock available, time yourself by counting "one thousand one, one thousand two," etc., to the number of seconds desired.

It is recommended that each participant employ the three phases of physical fitness training (warm-up, conditioning, and cool down) when using this In-Cell Exercise Program:

## PHYSICAL FITNESS WARM-UP AND COOL DOWN EXERCISES:

A. Start with warming the body up by slowly walking/jogging in place for about one (1) minute, then move to rotational exercises.

1. NECK ROTATION: Rotate clockwise three (3) times, repeat in opposite direction three (3) times. (2 sets, 5 seconds each direction.)

2. ARMS AND SHOULDERS ROTATION: Rotate the shoulders forward in a large circular motion, repeat in opposite direction. (2 sets, 5 seconds each direction.)

3. HIP ROTATION: Rotate the hips clockwise while keeping the back straight, repeat in opposite direction. (2 sets, 5 seconds each direction.)

4. KNEE AND ANKLE ROTATION: With hands above the knees, rotate the legs clockwise, repeat in opposite direction. (2 sets, 5 seconds each direction.)

B. Then move to static stretches starting at the top of the body and working your way to the bottom. Hold each stretch a minimum of 20-30 seconds. In cold climate, hold stretches longer.

1. OVERHEAD ARM PULL STRETCH: (2 sets, 10 seconds each direction.)

2. CHEST STRETCH: (3 sets, 10 seconds each direction.)

3. UPPER BACK STRETCH: (3 sets, 10 seconds each direction.)

4. ABDOMINAL STRETCH: (3 sets, 10 seconds each direction.)

5. THIGH STRETCH: (2 sets, 10 seconds each direction.)

6. HAMSTRING STRETCH (STANDING): (2 sets, 20 seconds each direction.)

7. GROIN STRETCH (STANDING, SEATED, OR SEATED STRADDLE): (2 sets, 20 seconds each direction.)

8. CALF STRETCH: VARIATION: TOE PULL: (2 sets, 10 seconds each direction.)

C. EXERCISE OR CONDITIONING (SEE INSTRUCTIONS BELOW):

EXERCISES FOR MEN:

1. TOE TOUCHES: From a standing position and keeping knees straight, bend forward and touch your toes, or go as far down as possible. Do not jerk or bounce in the stretched position. Repeat this six (6) times. Now unlock your knees and bend over again, this time concentrating on a maximum stretch for the lower back muscles. Repeat this exercise six (6) times also.

2. SIT-UPS: This is the most basic of all stomach exercises. It is suggested that you do the partial sit-up, with hang time as follows: Lie down with legs together, knees bent so that your feet are flat on the floor. Clasp your hands behind neck and bring your shoulders and upper back off the floor slowly, sitting up as far as possible. As the sitting position is reached, bring your arms forward and stretch them out in front to their limit. Hold this sit-up position for 10 seconds, then slowly return back to original position. Repeat this exercise five (5) times.

3. LEG LIFT: Lying on your back, put your arms at the sides, palms down, your feet together and your legs straight. Now raise feet 18 to 24 inches, hold for five (5) seconds. Never bring your feet high enough to gain a resting position at the top of the raise. Now lower feet to within three (3) inches of the starting position. Your feet should not come to rest until the end of the exercises. Repeat this exercise five (5) times.

4. REVERSE DIPS: While lying on your back, place your hands on the edge of your bunk or some other secure furniture. With your elbows straight and in a vertical position, stretch your legs in front of you (heels down). Keep your body straight and hips up, lower yourself down until your hips are only a few inches above the floor by bending the elbows, then push up until arms are straight again. Repeat five (5) times.

5. PUSH-UPS: Lie on the floor with your legs extended straight and your stomach facing the floor. Place your hands, palms down, on the floor about shoulder width (your arms should now be bent). Extend arms to a straight position. Now bending at the elbow, lower body to a position where nose is touching the floor. Keeping legs and back straight, return to a starting position. Start with five (5) to 10 push-ups, slowly working up to 25.

6. KNEEBENDS: Stand with feet about eight (8) inches apart. Hold arms straight in front at shoulder level for balance. Keep upper body straight as you lower hips to the seat level of a chair or a bunk. Return to an upright position. Repeat six (6) times.

7. SIDE BENDS: Stand up with your left hand against your left thigh. Now bend to the left until your fingertips are just below your left knee. Return to standing position. Now switch to the right side and repeat this procedure. Repeat this exercise to left and right side five (5) times. Increase this number as you progress.

#### EXERCISES FOR WOMEN:

1. LEG STRETCHING EXERCISES: This exercise is very easy to do. While lying down with feet together, push one (1) leg down as though you are trying to lengthen it. Point your toes and feel the pull from your hips down to your heels. Hold this position for 10 seconds then relax. After a moments rest, repeat the exercise with your other leg. Repeat this exercise six (6) times on each side. If this exercise is done in the morning, it may be repeated at night if you wish. After finishing the leg stretching exercise, get up slowly, and stretch once more with the arms above the head.

2. KNEE BENDS: Stand with feet about eight (8) inches apart. Hold your arms straight in front at shoulder level for balance. Keep your upper body straight as you lower your hips to the seat level of a chair or a bunk. Return to an upright position. Repeat six (6) times.

3. CHEST EXERCISES: Stand with your arms raised to shoulder level, elbows bent, and the heel of one hand pressing against the other. Move your arms to the right. Keep facing forward. Still pressing one (1) hand against the other, move arms to the left.

4. HIP EXERCISE: Stand with your hands on your hips and raise your right knee. Stretch your right leg behind you. Complete your quota with your right leg, then repeat with your left leg.

5. BACK AND HIP EXERCISE: Stand with your legs apart and hands clasped behind your head. Bend forward, twist, and try to touch your right knee with your left elbow. Exhale as you bend down. As you



straighten up, inhale. Repeat, trying to touch your left knee with your right elbows.

6. SUPPLENESS EXERCISE: Lie on your back, knees and arms bent, palms flat under shoulders with fingers in, feet apart. Pressing evenly with hands and feet, and moving knees forward, raise your hips, then your shoulders off the floor. In a continuous motion, raise your spine, evenly bending your shoulders and hips to a back-bend position. Avoid exaggerated bending in your lower-back region. This can be prevented by holding-in your stomach muscles in contraction.

7. BEAUTY STRETCH EXERCISE: Stand with your legs apart and your arms up over your head, with your fingers clasped and palms turned up. Stretch high and inhale. Keep stretching and slowly bend to the right, sliding against an imaginary wall. Exhale, stretch up again and inhale. Continue the motion, keep stretching, bend your body to the left, exhale. To loosen up every muscle of your body, bend forward and then relax a few seconds.

#### ISOMETRIC EXERCISES:

##### 1. NECK EXERCISES:

- A. Sitting or standing, with your fingers interlaced and your hands on your forehead, forcibly exert a forward push of your head while resisting equally hard with hands.
- B. Sitting or standing, with your fingers interlaced and your hands behind your head, push your head backward while exerting a forward pull with your hands.
- C. Sitting or standing, with the palm of your left hand on left side of your head, push with your left hand while resisting with your head and your neck. Reverse, using your right hand on the right side of your head.

##### 2. ARM AND CHEST EXERCISES:

- A. Standing with your feet slightly apart, flex your right elbow, close to your body with your palm up. Place your left hand over your right hand. Forcibly attempt to curl right arm upward, while giving equally strong resistance with the left hand. Repeat with your left arm.
- B. Stand with your feet comfortably spaced, knees slightly bent. Clasp your hands, palms together, close to chest. Press your hands together and hold.
- C. Stand with your feet slightly apart and your knees slightly bent. Grip your fingers with your arms close to your chest. Pull hard and hold.

#### CONCLUSION:

Although the exercises in this leaflet are designed for men or for women or as isometric, any or all might be beneficial to you. One should pick those exercises which can be accomplished without undue strain to your body, although your pulse and breathing rates should be increased when you are exercising. It is also important that you practice the steps involved in each exercise prior to trying to do the complete exercise or an exercise routine. "For your good health," remember that physical exercise is essential.

